

A photograph of two men, one white and one Black, sitting at a table outdoors. The white man is pointing at a laptop screen while the Black man looks on with a smile. They are both wearing casual clothing. The background is blurred, showing trees and outdoor furniture. A large green circular graphic is overlaid on the top right of the image.

**etrainu**

# **etrainu Disability Bundles**

*Updated: July 2026*

## Contents

|                                  |    |
|----------------------------------|----|
| About Us.....                    | 3  |
| Key Terminology .....            | 4  |
| Core vs Pro .....                | 5  |
| Disability Core Bundle .....     | 6  |
| Disability Essentials: .....     | 6  |
| Complex Care Essentials: .....   | 8  |
| Disability Pro Bundle .....      | 9  |
| Disability Essentials: .....     | 9  |
| Complex Care Essentials: .....   | 11 |
| Mental Health eLibrary: .....    | 12 |
| Autism eLibrary:.....            | 12 |
| Learning Management System ..... | 13 |
| Choose Your Delivery Method..... | 14 |

## ABOUT US

# etrainu

At etrainu, we're all about making learning meaningful, especially for the people doing some of the most important work in our communities.

Since 2007, we've supported over 2 million learners across sectors, but the Care and Support space has always held a special place for us. We know the demands that come with working in disability support and how crucial it is to feel confident, capable, and supported in your role.

We partner with organisations to create practical, engaging training that gives real-world skills. Whether it's understanding a care plan, managing medication times, or simply communicating clearly, we aim to make your job easier and help you make an even bigger difference.

We're proud to be part of your learning journey.



# Key Terminology

**Course:** A series of lessons in a specific subject. Some courses are made up of one or more modules.

**Module:** A single unit of study that can stand alone or form part of a course.

**Estimated durations:** Based on the average time required to complete each course. Actual completion times may vary depending on individual learning styles, experience, and pace.

**Checkpoints:** A refresher-style course that tests learner competency at the start. Learners who are competent move straight past the checkpoint, while those who need support spend extra time revisiting fundamental knowledge.

**Resource Hub:** A space that brings together all the video content and resources from your courses, ready to use directly in your in-person training sessions.

**Bites:** Five-minute, on-the-job skill boosters for your team. They're designed for moments when a worker hasn't performed a task in a while and wants to double-check best practice, or simply needs a quick confidence boost.

**Competency Checklist:** A structured, step-by-step checklist that qualified supervisors can use to assess a support workers' practical skills and keep auditable records of competency and training outcomes.

## Core vs Pro

etrainu offers two disability training bundles. The Core Bundle covers the fundamentals: Disability Essentials and Complex Care Essentials, delivered through Learn, our ready-to-use LMS. The Pro Bundle includes everything in Core, plus our Mental Health and Autism eLibraries, delivered through Activate, our advanced LMS with custom branding, automation, and reporting.

Both are built to keep your workforce on top of compliance training. The right one depends on the size of your team, the kinds of clients you support, and how much you want to shape the learning experience.

| What you get                            | Core Bundle                                                 | Pro Bundle                                                    |
|-----------------------------------------|-------------------------------------------------------------|---------------------------------------------------------------|
| <b>Best for</b>                         | New NDIS providers and smaller teams getting compliant fast | Providers focused on growth, efficiency and long-term success |
| <b>Disability Essentials</b>            | ✓                                                           | ✓                                                             |
| <b>Complex Care Essentials</b>          | ✓                                                           | ✓                                                             |
| <b>Mental Health eLibrary</b>           |                                                             | ✓                                                             |
| <b>Autism eLibrary</b>                  |                                                             | ✓                                                             |
| <b>Learning Management System (LMS)</b> | Learn                                                       | Activate                                                      |

*See end of brochure for a full LMS feature comparison*

# Disability Core Bundle

This Core Bundle brings together our most essential training from Disability Essentials and Complex Care eLibraries, along with access to our off-the-shelf LMS. It equips learners with the foundational skills they need to work safely, communicate effectively, and provide confident, person-centred support every day.

## Learn Learning Management System (LMS)

Deliver your course content through Learn, our off-the-shelf LMS designed for fast setup and easy use. Learn enables organisations to deliver high-quality online training with no additional setup required.

## Disability Essentials:

- Abuse Safeguarding
- Biohazards Management
- Building Resilience to Stress in Support Work
- Bullying Awareness for Disability Support Leaders
- Bullying Prevention for Support Workers
- Child Safe Principles
- Coaching Conversations: A Course for Team Leaders
- Communication Skills at Work
- Cover, Catch, Clean: Cough Etiquette in Disability Care
- COVID-19 and Infection Prevention: A Guide for Disability Support Workers
- Fire Safety Essentials
- Food Safety Support Workers
- Handling Complaints and Difficult Conversations
- Handling Incidents
- Infection Prevention and Control for Disability Support Workers
- Maintaining Professional Boundaries
- Management of Waste
- Manual Handling for Disability Support
- Manual Handling: Aids and Equipment Support
- Manual Handling: Mobility Support
- Manual Handling: Personal Care Support
- Manual Handling: Safe Support Practices
- Manual Handling: Vehicle Transfer Support
- Medication Management
- NDIS Code of Conduct
- NDIS Induction
- Person-Centred Active Support
- Person-Centred Emergency and Disaster Management
- Personal Protective Equipment (PPE)
- Positive Behaviour Support in Practice
- Risk Management for Support Workers
- Slips, Trips, and Falls
- Support Plans Made Clear
- Supported Decision-Making
- Supporting Human Rights
- Supporting People With Disability
- Supporting Safe Mealtimes

### **Disability Essentials continued:**

- The First Line of Defence: Hand Hygiene Essentials
- Trauma Informed Support
- Understanding Restrictive Practices
- Work Health and Safety for Disability Support Workers
- Work Health Safety Leaders
- Working Through Conflict
- Writing for the Workplace
- Writing Progress Notes and Keeping Records

# Disability Essentials Bites, Checkpoints & Resources

## Bites

- Consent, Privacy and Communication Within Medication
- Full Body Hoist Transfer
- How to Report Abuse
- How to Respond to Abuse
- Infection Prevention and Control Essentials
- Managing a Wheelchair
- Recognising Biohazards
- Repositioning Up the Bed
- Reporting an Incident
- Responding to an Incident
- Safe Protection Against Biohazards
- Sharps Safety
- Stand Hoist Transfer
- Storing Medication and Medication Equipment
- The Rights of Medication Support
- Understanding Chemical Restraint
- Understanding Emotional Regulation
- Understanding Environmental Restraint
- Understanding Mechanical Restraint
- Understanding Physical Restraint
- Understanding Reportable Incidents
- Understanding Seclusion
- Understanding the Types and Signs of Abuse
- Using a Walk Aid
- Vehicle Transfer
- Waste Management Essentials

## Checkpoints

- Incident Reporting
- Infection Prevention & Control
- Managing Waste
- Manual Handling
- Medication Management

## Resource Hubs

- Human Rights
- Restrictive Practices
- Infection Prevention & Control
- Manual Handling
- Hand Hygiene
- Positive Behaviour Support

# Disability Core Bundle Continued

## Complex Care Essentials:

- Advanced Mealtime Management
- Asthma Management
- Basic Wound Care
- Bowel Care
- Catheter Care
- Enteral Feeding Management
- Epilepsy and Midazolam
- Managing Diabetes
- Oxygen Management
- Severe Dysphagia Management
- Stoma Care
- Subcutaneous Injections
- Tracheostomy Care
- Ventilation Support
- NDIS & Legal Requirements
- Hand Hygiene & Infection Prevention and Control
- Respiratory Support

**All courses include Refresher Training.**

## Competency Checklists:

- Assisting with Insulin Administration with Lantus SoloStar Pen
- Catheter Care: Connection and Draining of a Bag
- Administer a Suppository or Enema
- Administering Midazolam
- Assisting with the Administration of Medication via a Pre-Loaded Syringe
- Changing an Ostomy System
- Enteral (PEG) Feeding
- Perform Intermittent Catheterisation in a Simulated Environment
- Preparing Food Safely for People with Dysphagia
- Taking a Blood Glucose Level (BGL)

# Disability Pro Bundle

The Disability Pro Bundle includes all Disability Essentials and Complex Care training, plus our Mental Health and Autism eLibraries, providing deeper and more specialised support for diverse needs. This bundle is delivered through our advanced LMS, Activate.

## Activate Learning Management System (LMS)

Unlock the full capabilities of our Activate LMS, an all-inclusive platform that helps take your organisation further. Automate everyday tasks such as course notifications and training delivery, and create a seamless learning experience with an LMS that looks and feels like your brand.

## Disability Essentials:

- Abuse Safeguarding
- Biohazards Management
- Building Resilience to Stress in Support Work
- Bullying Awareness for Disability Support Leaders
- Bullying Prevention for Support Workers
- Child Safe Principles
- Coaching Conversations: A Course for Team Leaders
- Communication Skills at Work
- Cover, Catch, Clean: Cough Etiquette in Disability Care
- COVID-19 and Infection Prevention: A Guide for Disability Support Workers
- Fire Safety Essentials
- Food Safety Support Workers
- Handling Complaints and Difficult Conversations
- Handling Incidents
- Infection Prevention and Control for Disability Support Workers
- Maintaining Professional Boundaries
- Management of Waste
- Manual Handling for Disability Support
- Manual Handling: Aids and Equipment Support
- Manual Handling: Mobility Support
- Manual Handling: Personal Care Support
- Manual Handling: Safe Support Practices
- Manual Handling: Vehicle Transfer Support
- Medication Management
- NDIS Code of Conduct
- NDIS Induction
- Person-Centred Active Support
- Person-Centred Emergency and Disaster Management
- Personal Protective Equipment (PPE)
- Positive Behaviour Support in Practice
- Risk Management for Support Workers
- Slips, Trips, and Falls
- Support Plans Made Clear
- Supported Decision-Making
- Supporting Human Rights
- Supporting People With Disability
- Supporting Safe Mealtimes

## **Disability Essentials continued:**

- The First Line of Defence: Hand Hygiene Essentials
- Trauma Informed Support
- Understanding Restrictive Practices
- Work Health and Safety for Disability Support Workers
- Work Health Safety Leaders
- Working Through Conflict
- Writing for the Workplace
- Writing Progress Notes and Keeping Records

# Disability Essentials Bites, Checkpoints & Resources

## Bites

- Consent, Privacy and Communication Within Medication
- Full Body Hoist Transfer
- How to Report Abuse
- How to Respond to Abuse
- Infection Prevention and Control Essentials
- Managing a Wheelchair
- Recognising Biohazards
- Repositioning Up the Bed
- Reporting an Incident
- Responding to an Incident
- Safe Protection Against Biohazards
- Sharps Safety
- Stand Hoist Transfer
- Storing Medication and Medication Equipment
- The Rights of Medication Support
- Understanding Chemical Restraint
- Understanding Emotional Regulation
- Understanding Environmental Restraint
- Understanding Mechanical Restraint
- Understanding Physical Restraint
- Understanding Reportable Incidents
- Understanding Seclusion
- Understanding the Types and Signs of Abuse
- Using a Walk Aid
- Vehicle Transfer
- Waste Management Essentials

## Checkpoints

- Incident Reporting
- Infection Prevention & Control
- Managing Waste
- Manual Handling
- Medication Management

## Resource Hubs

- Human Rights
- Restrictive Practices
- Infection Prevention & Control
- Manual Handling
- Hand Hygiene
- Positive Behaviour Support

# Disability Pro Bundle Continued

## Complex Care Essentials:

- Advanced Mealtime Management
- Asthma Management
- Basic Wound Care
- Bowel Care
- Catheter Care
- Enteral Feeding Management
- Epilepsy and Midazolam
- Managing Diabetes
- Oxygen Management
- Severe Dysphagia Management
- Stoma Care
- Subcutaneous Injections
- Tracheostomy Care
- Ventilation Support
- NDIS & Legal Requirements
- Hand Hygiene & Infection Prevention and Control
- Respiratory Support

**All courses include Refresher Training.**

## Competency Checklists:

- Assisting with Insulin Administration with Lantus SoloStar Pen
- Catheter Care: Connection and Draining of a Bag
- Administer a Suppository or Enema
- Administering Midazolam
- Assisting with the Administration of Medication via a Pre-Loaded Syringe
- Changing an Ostomy System
- Enteral (PEG) Feeding
- Perform Intermittent Catheterisation in a Simulated Environment
- Preparing Food Safely for People with Dysphagia
- Taking a Blood Glucose Level (BGL)

# Disability Pro Bundle Continued

## Mental Health eLibrary:

- What Is Mental Health and Mental Illness?
- The Mental Health Continuum
- A Story of Mental Health
- Common Mental Illnesses
- Signs and Symptoms
- Supporting someone with Complex Mental Health
- Bipolar Disorder
- Eating Disorders
- Schizophrenia
- PTSD
- Supporting Someone Who May Be Experiencing a Mental Health Challenge
- Helping Others
- Non-Suicidal Self-Injury and Suicide
- Self-Care
- Looking after yourself while supporting others

## Autism eLibrary:

- Autism Basics - Introduction
- Autism Basics - Common Traits
- Autism Basics - Common Challenges
- Autism Basics - Sensory Profiles
- Practical Autism Support - Essentials
- Practical Autism Support - Daily Living
- Practical Autism Support - Executive Function
- Practical Autism Support - Communication
- Practical Autism Support - Social Skills
- Practical Autism Support - Sensory Needs
- Practical Autism Support - Complex Needs

# Learning Management System

Discover an intuitive Learning Management System built to simplify training and boost performance. Manage, deliver, and track learning, all from one easy-to-use platform.

## Learn

A simple, ready-to-use training platform that lets you deliver quality online learning without any extra setup.

- Access to purchased courses
- Basic reporting functionality
- Skills Passport with certificates

**Free with purchased courses**

## Activate

Ideal for organisations that want a platform tailored to their learning and compliance needs.

- Advanced email notifications
- Playlists to automate training delivery
- Ability to upload your own course content

Plus so much more listed on the next page.

**From \$35 per user annually**

## Have your own LMS?

Already have somewhere to host your courses and training content? Access our courses as SCORM files and deliver them through your current LMS.

**From \$500 annually**

The image features a smiling man in a white t-shirt holding a silver laptop. He is positioned in front of a collage of screenshots from the eTrainu Learning Management System. The screenshots include:

- A 'Send Incomplete Course Reminder' email template with a 'CONFIRM' button.
- A 'Create Playlist' interface showing a list of courses like 'Positive Approaches to Behaviour' and 'Support Worker Roles and Responsibilities'.
- An 'Automatic Assignment' toggle switch set to 'ON' with the text 'Assign to all new learners'.
- An 'Available To' dropdown menu showing options like 'Everyone in your organisation' and 'Selected departments/sub-organisations'.
- A 'Playlist' table with columns for 'Playlist' and 'Status', showing 'Mayfair Annual Training 2025' as 'Completed'.

**etrainu**

# Choose Your Delivery Method

| What's Included                    | Learn | Activate                   |
|------------------------------------|-------|----------------------------|
| Access to purchased courses        | ✓     | ✓                          |
| Administrator reporting            | ✓     | ✓                          |
| Skills Passport                    | ✓     | ✓                          |
| Email notifications                | Basic | Advanced                   |
| Certificates                       | Basic | Branded                    |
| Dedicated Customer Success Manager |       | ✓                          |
| Upload your own courses            |       | ✓                          |
| Custom branding                    |       | ✓                          |
| Assessments                        |       | ✓                          |
| Resource Library                   |       | ✓                          |
| Single transaction payments        |       | ✓                          |
| Playlists                          |       | ✓                          |
| Dashboards                         |       | ✓                          |
| Interactive homepage               |       | ✓                          |
| Integrations                       |       | Add-on                     |
| Assess App (Events)                |       | Add-on                     |
| Digital Credentials                |       | Add-on                     |
| AI Course Authoring                |       | Includes 1 Creator licence |

Want to see it in action?

[Book a Demo](#)

# etrainu

**building exceptional communities  
through education**

☎ 07 3114 2958

✉ [sales@etrainu.com](mailto:sales@etrainu.com)

💻 [etrainu.com](http://etrainu.com)

**Want to see it in action?**

**Book a Demo**