etrainu

etrainu Disability Bundles

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ABOUT US

etrainu

At etrainu, we're all about making learning meaningful, especially for the people doing some of the most important work in our communities.

Since 2007, we've supported over 2 million learners across sectors, but the Care and Support space has always held a special place for us. We know the demands that come with working in disability support and how crucial it is to feel confident, capable, and supported in your role.

We partner with organisations to create practical, engaging training that gives real-world skills. Whether it's understanding a care plan, managing medication times, or simply communicating clearly, we aim to make your job easier and help you make an even bigger difference.

We're proud to be part of your learning journey.

Key Terminology

Course: A series of lessons in a specific subject. Some courses are made up of one or more modules.

Module: A single unit of study that can stand alone or form part of a course.

Estimated durations: Based on the average time required to complete each course. Actual completion times may vary depending on individual learning styles, experience, and pace.

Checkpoints: A refresher-style course that tests learner competency at the start. Learners who are competent move straight past the checkpoint, while those who need support spend extra time revisiting fundamental knowledge.

Resource Hub: A space that brings together all the video content and resources from your courses, ready to use directly in your in-person training sessions.

Bites: Five-minute, on-the-job skill boosters for your team. They're designed for moments when a worker hasn't performed a task in a while and wants to double-check best practice, or simply needs a quick confidence boost.

Competency Checklist: A structured, step-by-step checklist that qualified supervisors can use to assess a support workers' practical skills and keep auditable records of competency and training outcomes.

Core vs Pro

etrainu offers two disability training bundles. The Core Bundle covers the fundamentals: Disability Essentials and Complex Care Essentials, delivered through Learn, our ready-to-use LMS. The Pro Bundle includes everything in Core, plus our Mental Health and Autism eLibraries, delivered through Activate, our advanced LMS with custom branding, automation, and reporting.

Both are built to keep your workforce on top of compliance training. The right one depends on the size of your team, the kinds of clients you support, and how much you want to shape the learning experience.

What you get	Core Bundle	Pro Bundle
Best for	New NDIS providers and smaller teams getting compliant fast	Providers focused on growth, efficiency and long-term success
Disability Essentials	✓	✓
Complex Care Essentials	✓	✓
Mental Health eLibrary		✓
Autism eLibrary		✓
Learning Management System (LMS)	Learn	Activate

See end of brochure for a full LMS feature comparison

Disability Core Bundle

This Core Bundle brings together our most essential training from Disability Essentials and Complex Care eLibraries, along with access to our off-the-shelf LMS. It equips learners with the foundational skills they need to work safely, communicate effectively, and provide confident, person-centred support every day.

Learn Learning Management System (LMS)

Deliver your course content through Learn, our off-the-shelf LMS designed for fast setup and easy use. Learn enables organisations to deliver high-quality online training with no additional setup required.

Disability Essentials:

- Abuse Safeguarding
- Biohazards Management
- Building Resilience to Stress in Support Work
- Bullying Awareness for Disability Support Leaders
- Bullying Prevention for Support Workers
- Child Safe Principles
- Coaching Conversations: A Course for Team Leaders
- Communication Skills at Work
- Cover, Catch, Clean: Cough Etiquette in Disability Care
- COVID-19 and Infection Prevention: A Guide for Disability Support Workers
- Fire Safety Essentials
- Food Safety Support Workers
- Handling Complaints and Difficult Conversations
- Handling Incidents
- Infection Prevention and Control for Disability Support Workers
- Leading and Communicating Change
- Maintaining Professional Boundaries
- Management of Waste
- Manual Handling for Disability Support
- Manual Handling: Aids and Equipment Support
- Manual Handling: Mobility Support
- Manual Handling: Personal Care Support
- Manual Handling: Safe Support Practices
- Manual Handling: Vehicle Transfer Support
- Medication Management
- NDIS Audit Readiness for Leaders
- NDIS Code of Conduct
- NDIS Induction
- Person-Centred Active Support
- Person-Centred Emergency and Disaster Management
- Personal Protective Equipment (PPE)
- Positive Behaviour Support in Practice
- Risk Management for Support Workers
- Safeguarding Oversight: A Guide for Board Members
- Slips, Trips, and Falls
- Support Plans Made Clear
- Supported Decision-Making
- Supporting Human Rights
- Supporting People With Disability

Disability Essentials continued:

- Supporting Safe Mealtimes
- The First Line of Defence: Hand Hygiene Essentials
- Trauma-Informed Support
- Understanding Restrictive Practices
- Work Health and Safety for Disability Support Workers
- Work Health Safety Leaders
- Working Through Conflict
- Writing for the Workplace
- Writing Progress Notes and Keeping Records

Disability Essentials Bites, Checkpoints & Resources

Bites

- Consent, Privacy and Communication Within Medication
- Full Body Hoist Transfer
- How to Report Abuse
- How to Respond to Abuse
- Infection Prevention and Control Essentials
- Managing a Wheelchair
- Recognising Biohazards
- Repositioning Up the Bed
- Reporting an Incident
- Responding to an Incident
- Safe Protection Against Biohazards
- Sharps Safety
- Stand Hoist Transfer
- Storing Medication and Medication Equipment
- The Rights of Medication Support
- Understanding Chemical Restraint
- Understanding Emotional Regulation
- Understanding Environmental Restraint
- Understanding Mechanical Restraint
- Understanding Physical Restraint
- Understanding Reportable Incidents
- Understanding Seclusion
- Understanding the Types and Signs of Abuse
- Using a Walk Aid
- Vehicle Transfer
- Waste Management Essentials

Checkpoints

- Incident Reporting
- Infection Prevention & Control
- Managing Waste
- Manual Handling
- Medication Management

Resource Hubs

- Human Rights
- Restrictive Practices
- Infection Prevention & Control
- Manual Handling
- Hand Hygiene
- Positive Behaviour Support

Disability Core Bundle Continued

Complex Care Essentials:

- Advanced Mealtime Management
- Asthma Management
- Basic Wound Care
- Bowel Care
- Catheter Care
- Enteral Feeding Management
- Epilepsy and Midazolam
- Managing Diabetes
- Oxygen Management
- Severe Dysphagia Management
- Stoma Care
- Subcutaneous Injections
- Tracheostomy Care
- Ventilation Support
- NDIS & Legal Requirements
- Hand Hygiene & Infection Prevention and Control
- Respiratory Support

All courses include Refresher Training.

Competency Checklists:

- Assisting with Insulin Administration with Lantus SoloStar Pen
- Catheter Care: Connection and Draining of a Bag
- Administer a Suppository or Enema
- Administering Midazolam
- Assisting with the Administration of Medication via a Pre-Loaded Syringe
- Changing an Ostomy System
- Enteral (PEG) Feeding
- Perform Intermittent Catheterisation in a Simulated Environment
- Preparing Food Safely for People with Dysphagia
- Taking a Blood Glucose Level (BGL)

Disability Pro Bundle

The Disability Pro Bundle includes all Disability Essentials and Complex Care training, plus our Mental Health and Autism eLibraries, providing deeper and more specialised support for diverse needs. This bundle is delivered through our advanced LMS, Activate.

Activate Learning Management System (LMS)

Unlock the full capabilities of our Activate LMS, an all-inclusive platform that helps take your organisation further. Automate everyday tasks such as course notifications and training delivery, and create a seamless learning experience with an LMS that looks and feels like your brand.

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- Bullying Prevention for Support Workers
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- Communication Skills at Work
- Cover, Catch, Clean: Cough Etiquette in Disability Care
- COVID-19 and Infection Prevention: A Guide for Disability Support Workers
- Fire Safety Essentials
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- Handling Incidents
- Infection Prevention and Control for Disability Support Workers
- Leading and Communicating Change
- Maintaining Professional Boundaries
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- Manual Handling for Disability Support
- Manual Handling: Aids and Equipment Support
- Manual Handling: Mobility Support
- Manual Handling: Personal Care Support
- Manual Handling: Safe Support Practices
- Manual Handling: Vehicle Transfer Support
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- NDIS Induction
- Person-Centred Active Support
- Person-Centred Emergency and Disaster Management
- Personal Protective Equipment (PPE)
- Positive Behaviour Support in Practice
- Risk Management for Support Workers
- Safeguarding Oversight: A Guide for Board Members
- Slips, Trips, and Falls
- Support Plans Made Clear
- Supported Decision-Making
- Supporting Human Rights
- Supporting People With Disability

Disability Essentials continued:

- Supporting Safe Mealtimes
- The First Line of Defence: Hand Hygiene Essentials
- Trauma-Informed Support
- Understanding Restrictive Practices
- Work Health and Safety for Disability Support Workers
- Work Health Safety Leaders
- Working Through Conflict
- Writing for the Workplace
- Writing Progress Notes and Keeping Records

Disability Essentials Bites, Checkpoints & Resources

Bites

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Disability Pro Bundle Continued

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Disability Pro Bundle Continued

Mental Health eLibrary:

- What Is Mental Health and Mental Illness?
- The Mental Health Continuum
- A Story of Mental Health
- Common Mental Illnesses
- Signs and Symptoms
- Supporting someone with Complex Mental Health
- Bipolar Disorder
- Eating Disorders
- Schizophrenia
- PTSD
- Supporting Someone Who May Be Experiencing a Mental Health Challenge
- Helping Others
- Non-Suicidal Self-Injury and Suicide
- Self-Care
- Looking after yourself while supporting others

Autism eLibrary:

- Autism Basics - Introduction
- Autism Basics - Common Traits
- Autism Basics - Common Challenges
- Autism Basics - Sensory Profiles
- Practical Autism Support - Essentials
- Practical Autism Support - Daily Living
- Practical Autism Support - Executive Function
- Practical Autism Support - Communication
- Practical Autism Support - Social Skills
- Practical Autism Support - Sensory Needs
- Practical Autism Support - Complex Needs

Learning Management System

Discover an intuitive Learning Management System built to simplify training and boost performance. Manage, deliver, and track learning, all from one easy-to-use platform.

Learn

A simple, ready-to-use training platform that lets you deliver quality online learning without any extra setup.

- Access to purchased courses
- Basic reporting functionality
- Skills Passport with certificates

Free with purchased courses

Activate

Ideal for organisations that want a platform tailored to their learning and compliance needs.

- Advanced email notifications
- Playlists to automate training delivery
- Ability to upload your own course content

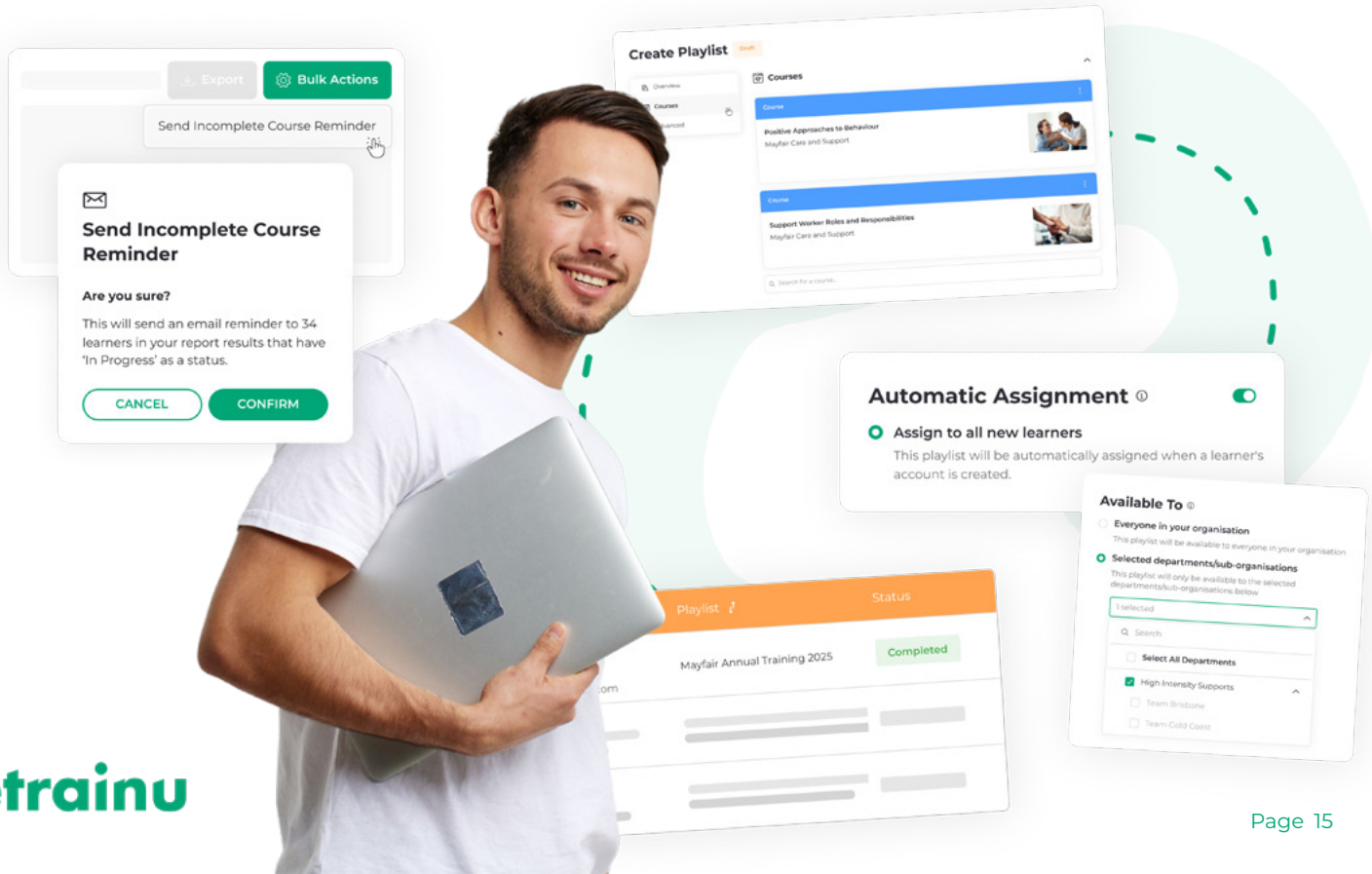
Plus so much more listed on the next page.

From $35 per user annually

Have your own LMS?

Already have somewhere to host your courses and training content? Access our courses as SCORM files and deliver them through your current LMS.

From $500 annually



Choose Your Delivery Method

What's Included	Learn	Activate
Access to purchased courses	✓	✓
Administrator reporting	✓	✓
Skills Passport	✓	✓
Email notifications	Basic	Advanced
Certificates	Basic	Branded
Dedicated Customer Success Manager		✓
Upload your own courses		✓
Custom branding		✓
Assessments		✓
Resource Library		✓
Single transaction payments		✓
Playlists		✓
Dashboards		✓
Interactive homepage		✓
Integrations		Add-on
Assess App (Events)		Add-on
Digital Credentials		Add-on
AI Course Authoring		Includes 1 Creator licence

Want to see it in action? Book a Demo

etrainu

building exceptional communities through education

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